

Post Treatment Home Care Instructions

Local Anesthetic:	Expect numbness for 3-4 hours; do not allow eating, lip/cheek chewing, pulling, or scratching during this time.
Extractions:	Expect the following to subside in 1-2 days: minor swelling, oozing of blood, and discomfort. Please continue to have your child bite on the gauze for five minutes, replace it, bite for five additional minutes then remove. A soft diet is necessary for the first day postoperatively.
Pain Control:	Administer Tylenol or Motrin as needed. If a narcotic was prescribed, take it as directed in place of Tylenol or Motrin.
Stitches:	Expect them to dissolve or fall out within a week.
Crowns:	Expect oozing of blood and discomfort along gums for 2-3 days. Brush gently on the day of placement.
Fillings:	If silver fillings were placed, please avoid chewing hard foods or objects on them on the day of the procedure. Expect sensitivity for 2-3 weeks postoperatively.
Spacers:	Avoid sticky foods or gum as this may pull the spacer out.

